

Health and Wellness

Curriculum

Caring School Community

Caring School Community is a comprehensive, research-based, social and emotional learning (SEL) program for grades K–8 that builds school-wide community, develops students' social skills and SEL competencies, and enables a transformative stance on discipline.

Caring School Community promotes positive behavior through direct teaching of responsibility, empathy, and cooperation — creating settings where students feel heard, known, and cared for.

Students become intrinsically motivated to contribute productively to a community they feel invested in, and where they know they matter. Caring School Community:

- Builds caring relationships with and among students
- Directly teaches social skills
- Creates calm, orderly learning environments through the effective use of classroom management practices
- Helps students acquire self-discipline through a caring and effective approach to discipline

Strong Start

Strong Start helps students develop the social-emotional skills they need to build a strong foundation for school success and life success. Through engaging classroom activities, children learn about emotions, managing their own emotions, interpersonal skills, taking the perspective of others and solving problems.