

# Kindergarten

## Remote Learning Plan

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Dear Parent,

We hope that you can partner with your child to complete these activities. Some will include learning with devices and technology, while others do not; similar to the student experience during a typical school day. We recognize that these activities do not replace classroom instruction. If you do not have your child's log in information, please reach out to me. Both Lexia and Zearn are programs that we use in class, and are great for practicing skills.

Although some of these resources are already regularly used in school, we hope that students have opportunities to try something new or show their learning in a new way.

I will be available through email at any time. Please reach out to me for help and guidance if you need, I am more than happy to help with anything!!

| ✓ | Day 1 - Monday, March 16   |
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|   | <b>Literacy:</b> <ul style="list-style-type: none"><li>• Read 20 minutes (you can read to yourself, to someone else, to a stuffed animal, etc.).</li></ul> <b>Writing</b> <ul style="list-style-type: none"><li>• Journal Writing: Write about something you are an expert at.</li></ul> |
|   | <b>Math:</b> <ul style="list-style-type: none"><li>• <a href="#">Zearn</a> for 20 minutes (online).</li><li>• Use items around your house to build a pattern. Spoons and forks, shoes, socks, etc.</li></ul>   |
|   | <b>Science:</b> <ul style="list-style-type: none"><li>• Mystery Science Lesson: <a href="#">Who invented pizza?</a> (online).</li></ul>  |
|   | <b>Social Studies/Art:</b> <ul style="list-style-type: none"><li>• Draw and label a map of your neighborhood. Include color and a key identifying features. This could take a few days.</li></ul>  |

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|  | <p><b>Health &amp; Physical Activity</b></p> <ul style="list-style-type: none"> <li>• 10 push-ups <u>12</u> sit-ups <u>5</u> burpees <u>10</u> squat Jumps.</li> <li>• Next, we will do some stretches-- 15-20 seconds per stretch.</li> <li>• Feet together with legs straight and hang down the middle.</li> <li>• Spread feet reach down and touch the floor.</li> <li>• Sit down and do sit reach with legs straight &amp; toes to the sky</li> <li>• Spread feet and walk hands out.</li> <li>• Pull feet in &amp; do the butterfly stretch.</li> <li>• Jog 5 laps around your house, or jog in place for 30 seconds x 5</li> <li>• What do you notice about your body after you exercise?</li> </ul> |
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| ✓ | <b>Day 2 - Tuesday, March 17</b>   |
|   | <p><b>Literacy:</b></p> <ul style="list-style-type: none"> <li>• Read 10 minutes (you can read to yourself, to someone else, to a stuffed animal, etc.).</li> <li>• Practice Lexia for 10 minutes (online).</li> </ul> <p><b>Writing</b></p> <ul style="list-style-type: none"> <li>• Journal Writing: Write about the best day you ever had.</li> </ul> |
|   | <p><b>Math:</b></p> <ul style="list-style-type: none"> <li>• Practice your number bonds, show your parents how they work.</li> <li>• Count a collection of objects in your house, draw the objects on a piece of paper and try and record numbers that match the picture.</li> </ul>   |
|   | <p><b>Science:</b></p> <ul style="list-style-type: none"> <li>• Watch the video: <a href="#">Living vs. Nonliving</a> (online).</li> <li>• Look throughout your home, yard, local playground. What things are living? What things are nonliving?</li> </ul>  |
|   | <p><b>Social Studies/Art:</b></p> <ul style="list-style-type: none"> <li>• Create a puppet show. Can you find a sock that doesn't have a mate or a paper bag that isn't being used? How can you turn it into a puppet? Who will this puppet become? What emotions will be on your puppet's face?</li> </ul>  |
|   | <p><b>Health &amp; Physical Activity</b></p> <ul style="list-style-type: none"> <li>• 10 push-ups <u>12</u> sit-ups <u>5</u> burpees <u>10</u> squat Jumps.</li> </ul>   |

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|  | <ul style="list-style-type: none"> <li>● Next, we will do some stretches-- 15-20 seconds per stretch.</li> <li>● Feet together with legs straight and hang down the middle.</li> <li>● Spread feet reach down and touch the floor.</li> <li>● Sit down and do sit reach with legs straight &amp; toes to the sky</li> <li>● Spread feet and walk hands out.</li> <li>● Pull feet in &amp; do the butterfly stretch.</li> <li>● Jog 5 laps around your house, or jog in place for 30 seconds x 5</li> <li>● Food is how we fuel our body for physical activity!</li> <li>● What did you eat today?</li> </ul> |
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| ✓ | <b>Day 3 - Wednesday, March 18</b>   |
|   | <p><b>Literacy:</b></p> <ul style="list-style-type: none"> <li>● Read 20 minutes (you can read to yourself, to someone else, to a stuffed animal, etc.).</li> <li>● Lexia practice (online).</li> </ul> <p><b>Writing</b></p> <ul style="list-style-type: none"> <li>● Journal Writing: Write about what you miss most about school.</li> </ul>  |
|   | <p><b>Math:</b></p> <ul style="list-style-type: none"> <li>● Practice Zearn for 15 minutes (online)..</li> <li>● Play a math or strategy game or do a puzzle for 15 - 20 min</li> </ul>  |
|   | <p><b>Science:</b></p> <ul style="list-style-type: none"> <li>● Mystery Science Lesson:<br/> <a href="https://mysteryscience.com/secrets/mystery-1/animal-needs-food/115?code=NDY4NTI2NzE&amp;t=student">https://mysteryscience.com/secrets/mystery-1/animal-needs-food/115?code=NDY4NTI2NzE&amp;t=student</a> (online)</li> </ul>   |
|   | <p><b>Social Studies/Art:</b></p> <ul style="list-style-type: none"> <li>● Trace your hand, and turn that drawing into an animal.</li> </ul>   |
|   | <p><b>Health &amp; Physical Activity</b></p> <ul style="list-style-type: none"> <li>● 10 push-ups <u>12</u> sit-ups <u>5</u> burpees <u>10</u> squat Jumps.</li> <li>● Next, we will do some stretches-- 15-20 seconds per stretch.</li> <li>● Feet together with legs straight and hang down the middle.</li> <li>● Spread feet reach down and touch the floor.</li> <li>● Sit down and do sit reach with legs straight &amp; toes to the sky</li> <li>● Spread feet and walk hands out.</li> <li>● Pull feet in &amp; do the butterfly stretch.</li> <li>● Jog 5 laps around your house, or jog in place for 30 seconds x 5</li> </ul> |

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|  | <ul style="list-style-type: none"> <li>● It is important to eat a variety of foods from all 5 food groups!</li> <li>● What are the 5 food groups?</li> </ul> |
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| ✓ | <b>Day 4 - Thursday, March 19</b>   |
|   | <p><b>Literacy:</b></p> <ul style="list-style-type: none"> <li>● Choose a book, read it and act it out!</li> <li>● Practice Lexia for 15 minutes (online).</li> </ul> <p><b>Writing</b></p> <ul style="list-style-type: none"> <li>● Journal Writing: What did you have for dinner last night.</li> </ul>                 |
|   | <p><b>Math:</b></p> <ul style="list-style-type: none"> <li>● <a href="#">Zearn</a> for 20 minutes (online).</li> <li>● Solve this problem: Mrs. Wharton has 4 hula hoops at home. Mrs. Rau has 5 hula hoops at her house. How many hula hoops do they have altogether? Make a number bond and number sentence.</li> </ul> |
|   | <p><b>Science:</b></p> <ul style="list-style-type: none"> <li>● Mystery Science Lesson: <a href="#">What's the biggest tree in the world?</a> (online).</li> </ul>  |
|   | <p><b>Social Studies/Art:</b></p> <ul style="list-style-type: none"> <li>● Hide a treasure somewhere in your house. Make a map to this treasure and have your parents/brother/sister try to find your treasure.</li> </ul>  |
|   | <p><b>Health &amp; Physical Activity</b></p> <ul style="list-style-type: none"> <li>● <a href="https://www.youtube.com/watch?v=L_A_HjHZxfI">https://www.youtube.com/watch?v=L_A_HjHZxfI</a> (online).</li> </ul>  |

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| ✓ | <b>Day 5 - Friday, March 20</b>   |
|   | <p><b>Literacy:</b></p> <ul style="list-style-type: none"> <li>● Practice reading for 15 minutes. You can read your own books, or books from school.</li> </ul> <p><b>Writing</b></p> <ul style="list-style-type: none"> <li>● Journal Writing: What is your favorite thing to do in the snow.</li> </ul> |
|   | <p><b>Math:</b></p> <ul style="list-style-type: none"> <li>● Play a math or strategy game or do a puzzle for 15 - 20 min.</li> <li>● Go to IXL and practice 10 problems for free. (ixl.com online)</li> </ul>   |
|   | <p><b>Science:</b></p> <ul style="list-style-type: none"> <li>● Shadows Exploration</li> </ul>  |

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|  | <ul style="list-style-type: none"> <li>○ Go outside to the exact same spot in the morning, noon and afternoon.</li> <li>○ Measure the length of your shadow. What do you notice?</li> <li>○ Can you run away from your shadow?</li> <li>○ How are you and your shadow the same?</li> <li>○ How are you and your shadow different?</li> </ul>   |
|  | <p><b>Social Studies/Art:</b></p> <ul style="list-style-type: none"> <li>● Can you retell your favorite story? Who are the characters? What is the setting of your story? What will your characters do? Who will you share the story with?</li> </ul>  |
|  | <p><b>Health &amp; Physical Activity</b></p> <ul style="list-style-type: none"> <li>● 10 push-ups <u>12</u> sit-ups <u>5</u> burpees <u>10</u> squat Jumps.</li> <li>● Next, we will do some stretches-- 15-20 seconds per stretch.</li> <li>● Feet together with legs straight and hang down the middle.</li> <li>● Spread feet reach down and touch the floor.</li> <li>● Sit down and do sit reach with legs straight &amp; toes to the sky</li> <li>● Spread feet and walk hands out.</li> <li>● Pull feet in &amp; do the butterfly stretch.</li> <li>● Jog 5 laps around your house, or jog in place for 30 seconds x 5</li> <li>● Fun day! Play with friends, or teach your parents something that you have learned in PE!</li> </ul> |

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| ✓ | <b>SPRING BREAK - March 23 - 27</b> |
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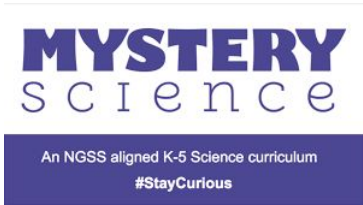


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| ✓ | <b>Day 6 - Monday, March 30</b>  |
|   | <p><b>Literacy:</b></p> <ul style="list-style-type: none"> <li>● Read 10 minutes (you can read to yourself, to someone else, to a stuffed animal, etc.).</li> <li>● Practice Lexia for 10 minutes (online).</li> </ul> <p><b>Writing</b></p> <ul style="list-style-type: none"> <li>● Journal Writing: What did you do over spring break?</li> </ul> |
|   | <p><b>Math:</b></p> <ul style="list-style-type: none"> <li>● Practice Zearn for 15 minutes (online).</li> </ul>  |

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|  | <ul style="list-style-type: none"> <li>Solve this problem: Yesterday Mrs. Wharton went to the store. She got 4 bouncy balls for Sam, and 4 bouncy balls for Briggs. How many bouncy balls did she get altogether? Draw a number bond and number sentence.</li> </ul>   |
|  | <p><b>Science:</b></p> <ul style="list-style-type: none"> <li><a href="https://mysteryscience.com/secrets/mystery-2/animal-needs-shelter/134?code=NDY4NTI2NzE&amp;t=student">https://mysteryscience.com/secrets/mystery-2/animal-needs-shelter/134?code=NDY4NTI2NzE&amp;t=student</a> (online lesson).</li> </ul>  |
|  | <p><b>Social Studies/Art:</b></p> <ul style="list-style-type: none"> <li>Play restaurant. What kinds of food will you make? What is on your menu? How much will each item cost? Who is coming to your restaurant?</li> </ul>   |
|  | <p><b>Health &amp; Physical Activity</b></p> <ul style="list-style-type: none"> <li>10 push-ups <u>12</u> sit-ups <u>5</u> burpees <u>10</u> squat Jumps.</li> <li>Next, we will do some stretches-- 15-20 seconds per stretch.</li> <li>Feet together with legs straight and hang down the middle.</li> <li>Spread feet reach down and touch the floor.</li> <li>Sit down and do sit reach with legs straight &amp; toes to the sky</li> <li>Spread feet and walk hands out.</li> <li>Pull feet in &amp; do the butterfly stretch.</li> <li>Jog 5 laps around your house, or jog in place for 30 seconds x 5.</li> <li>You should drink at least 5 glasses of water a day to be healthy!</li> <li>Do you drink enough water?</li> </ul> |

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| ✓ | <b>Day 8 - Tuesday, March 31</b>   |
|   | <p><b>Literacy:</b></p> <ul style="list-style-type: none"> <li>Read 20 minutes (you can read to yourself, to someone else, to a stuffed animal, etc.).</li> </ul> <p><b>Writing</b></p> <ul style="list-style-type: none"> <li>Journal Writing: Write about a recent dream you had.</li> </ul> |
|   | <p><b>Math:</b></p> <ul style="list-style-type: none"> <li>Practice zearn for 10 minutes.</li> <li>Count to 100 by ones and tens.</li> </ul>   |
|   | <p><b>Science:</b></p> <ul style="list-style-type: none"> <li>Mystery Science Lesson: <a href="#">Why do we get hiccups?</a> (online).</li> </ul>  |
|   | <p><b>Social Studies/Art:</b></p>  |

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|  | <ul style="list-style-type: none"> <li>● Choose your favorite community member (police officer, fireman, nurse, grocery store) and pretend to do their job.</li> <li>● How does your community member help others?</li> </ul> |
|  | <p><b>Health &amp; Physical Activity</b></p> <ul style="list-style-type: none"> <li>● <a href="https://www.youtube.com/watch?v=rVEmnI5fn4">https://www.youtube.com/watch?v=rVEmnI5fn4</a></li> </ul>                          |

**Additional Activities**

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| <p><a href="https://www.lexiacore5.com/register">https://www.lexiacore5.com/register</a></p> |   |  |
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**Math Resources**

- [Math/Strategy Games](#) - Suggested simple low-tech games
- [Games with Playing Cards](#)
- [Math Games](#)
- [Math/Strategy Games and Activities](#)