



7th Grade Remote Learning Plan

We hope that parents can partner with children to complete these activities. Some will include learning with devices and technology, while others do not; similar to the student experience during a typical school day. We recognize that these activities do not replace classroom instruction.

Although some of these resources are already regularly used in school, we hope that students have opportunities to try something new or show their learning in a new way.

✓	Day 1 - Monday, March 16
	English Language Arts <ul style="list-style-type: none">• Please read the chapter called “Consider Your Sins” which has been posted on Google Classroom. Then, answer question #1 on the Study Guide, which is also on Google Classroom, in ACE format.
	Math <ul style="list-style-type: none">• Complete two DreamBox lessons.• Read the New York Times’ “What’s Going on With This Graph?” [here]. Discuss the questions with a sibling or adult. Be sure to scan down the page before diving in to get a sense of what information is presented and what it’s about.• Work on Homework #16. (A copy of Homework #16 is in Google Classroom.) <p><i>If you work in Aleks, continue to do so for at least 30 minutes a day. Knowledge Checks and/or Quizzes will be assigned on Friday.</i></p>
	Science <ul style="list-style-type: none">• Students should access their CK12.org classroom accounts and read the article, watch the videos, and complete the simulation. Once they are done, they can answer the review questions on Google Classroom. (Minimum of 3 sentences each) www.ck12.org• Article: Wind Energy

	<ul style="list-style-type: none"> ● Simulation: Wind Turbine
	<p>Social Studies</p> <ul style="list-style-type: none"> ● Mr. Henry has made a Google Classroom! Your first task today is to accept the invite to your Social Studies class that has been emailed to you. ● Once on our Google Classroom page, you will see that I have created an assignment. You will be completing a unit on Khan Academy about Westward Expansion throughout the week. There are more details on the assignment page on Google Classroom. Links to each reading can be found on the Google Classroom assignment as well. ● The assignment for today is to read and answer questions on the “Gold Rush” and the “The Homestead Act and the exodusters” readings on Khan Academy. Again, the links to these readings can be found on the Google Classroom assignment.
	<p>Health & Physical Activity</p> <ul style="list-style-type: none"> ● 25 push-ups <u>30</u> sit-ups <u>10</u> burpees <u>15</u> squat Jumps. ● Next, we will do some stretches-- 15-20 seconds per stretch. ● Feet together with legs straight and hang down the middle. ● Spread feet reach down and touch the floor. ● Sit down and do sit reach with legs straight & toes to the sky ● Spread feet and walk hands out. ● Pull feet in & do the butterfly stretch. ● Jog 5 laps around your house, or jog in place for 30 seconds x 5 ● What do you notice about your body after you exercise? ● Why do you think that happens?

✓	Day 2 - Tuesday, March 17
	<p>English Language Arts</p> <ul style="list-style-type: none"> ● Please read the chapter titled “A Rose Deep Red in a Circle of White,” which has been posted on Google Classroom. Then, answer ACE question 2 in the study guide. Remember, some questions have more than one part, and need to be answered completely.
	<p>Math</p> <ul style="list-style-type: none"> ● Complete two DreamBox lessons. ● Work on CPM 6.2.4 Review and Preview problems #5-60 - 5-64. Do your best. These problems are in Homework Help, or you can email

	<p>me.</p> <ul style="list-style-type: none"> • Work on Homework #16. <p><i>If you work in Aleks, continue to do so for at least 30 minutes a day. Knowledge Checks and/or Quizzes will be assigned on Friday.</i></p>
	<p>Science</p> <ul style="list-style-type: none"> • Today, students shall read the informational text about electric vehicles attached as a pdf on Google Classroom. Once they are done reading the text, students need to fill out the Google Form attached. Answers to all questions shall be in complete sentences. The mini-project is optional for students that want to extend the activity. The mini-project is not required.
	<p>Social Studies</p> <ul style="list-style-type: none"> • Today, your assignment is to continue our learning on Khan Academy by completing “The Reservation System” and “The Dawes Act” readings and answering the questions on the Google Form.
	<p>Health & Physical Activity</p> <ul style="list-style-type: none"> • 25 push-ups <u>30</u> sit-ups <u>10</u> burpees <u>10</u> squat Jumps. . • Next, we will do some stretches-- 15-20 seconds per stretch. • Feet together with legs straight and hang down the middle. • Spread feet reach down and touch the floor. • Sit down and do sit reach with legs straight & toes to the sky • Spread feet and walk hands out. • Pull feet in & do the butterfly stretch. • Jog 5 laps around your house, or jog in place for 30 seconds x 5 • Food is how we fuel our body for physical activity! • What did you eat today? • Go to https://cronometer.com/ set up a free account and follow the instructions. • Enter your food and physical activity for the day. A written assignment will follow based on your food log so it is important that you do this everyday.

✓	Day 3 - Wednesday, March 18
	<p>English Language Arts</p> <ul style="list-style-type: none"> • Please read the chapter titled “The Dressing,” which has been posted

	<p>on Google Classroom. When you are finished, please answer question 3 in the study guide. Remember, well ACED questions answer the question completely with key words, cite evidence, and expand/extend the response by making connections.</p>
	<p>Math</p> <ul style="list-style-type: none"> ● Complete two DreamBox lessons. ● Work on CPM 5.2.5 Review and Preview problems #5-71 - 5-75. Do your best. These problems are in Homework Help, or you can email me. ● Work on Homework #16. <p><i>If you work in Aleks, continue to do so for at least 30 minutes a day. Knowledge Checks and/or Quizzes will be assigned on Friday.</i></p>
	<p>Science</p> <ul style="list-style-type: none"> ● Investigate how the world has changed over time, with satellite images from space! Go to NASA's World of Change Website and choose one of the image sets of your choice to examine. ● Write a claim-evidence-reasoning paragraph on Google Classroom that explains what change is happening?(claim), how we know the change is happening based on the images? (evidence), and why that evidence makes sense in terms of science concepts and the overall pattern? (reasoning). A paragraph shall have a minimum of 5 sentences.
	<p>Social Studies</p> <ul style="list-style-type: none"> ● Today, your assignment is to continue our learning on Khan Academy by completing the “Chinese immigrants and Mexican Americans in the age of westward expansion” and the “The Indian Wars and the Battle of the Little Bighorn” readings and answering the questions on the Google Form.
	<p>Health & Physical Activity</p> <ul style="list-style-type: none"> ● 25 push-ups <u>30</u> sit-ups <u>10</u> burpees <u>10</u> squat Jumps. ● Next, we will do some stretches-- 15-20 seconds per stretch. ● Feet together with legs straight and hang down the middle. ● Spread feet reach down and touch the floor. ● Sit down and do sit reach with legs straight & toes to the sky ● Spread feet and walk hands out. ● Pull feet in & do the butterfly stretch. ● Jog 5 laps around your house, or jog in place for 30 seconds x 5 ● It is important to eat a variety of foods from all 5 food groups! ● Enter your food and physical activity for the day on cronometer.com. ● Look at the nutrient targets. Are you eating a balanced diet?

✓	Day 4 - Thursday, March 19
	<p>English Language Arts</p> <ul style="list-style-type: none"> ● Please read the chapter called “A Good Thing,” which has been posted on Google classroom. There is no ACE question today. Instead, spend some time considering how the relationship between Jewel and Kitty is developing.
	<p>Math</p> <ul style="list-style-type: none"> ● Complete two DreamBox lessons. ● Work on CPM 5.2.6 Review and Preview problems #5-83 - 5-87. Do your best. These problems are in Homework Help, or you can email me. ● Complete Homework #16. <p><i>If you work in Aleks, continue to do so for at least 30 minutes a day. Knowledge Checks and/or Quizzes will be assigned on Friday.</i></p>
	<p>Science</p> <ul style="list-style-type: none"> ● Today, you will be working on an inquiry investigation on human impact to the environment. Open up your own copy of the investigation on Google Classroom and fill out the data you collect and write down your answers on it. If you don't have a chocolate chip cookie for the first part, that is okay. You can skip that part and go to Page 3 with the interactive atlas to resume the investigation. If you need additional help, I've added pages 5-8 which have some prompts and sentence starters on them. Otherwise, just complete pages 1-4 of the investigation packet with a minimum of 5 sentences for your claim-evidence-reasoning paragraph.
	<p>Social Studies</p> <ul style="list-style-type: none"> ● Today, your assignment is to continue our learning on Khan Academy by completing “The Ghost Dance and Wounded Knee” and the “Westward Expansion: Economic Development” readings and answering the questions on the Google Form.
	<p>Health & Physical Activity</p> <ul style="list-style-type: none"> ● Do this work out https://www.youtube.com/watch?v=qzx-d1Z2bLY ● Enter your food and physical activity for the day on cronometer.com. ● Look at the nutrient targets. ● Are you fueling your body to perform mentally and physically?

✓	Day 5 - Friday, March 20
	<p>English Language Arts</p> <ul style="list-style-type: none"> • Please read the chapter called “Kathla,” which has been posted on Google Classroom. When you have finished, please carefully read and complete study guide question #4, which will involve some deep thinking and good connection making. Take your time to answer each part of the question.
	<p>Math</p> <ul style="list-style-type: none"> • Compete 5 Dreambox Lessons. <p><i>If you work in Aleks, continue to do so for at least 30 minutes a day. Knowledge Checks and/or Quizzes will be assigned some time today.</i></p>
	<p>Science</p> <ul style="list-style-type: none"> • Read this article called ““Net zero” is big plus for this Virginia elementary school” on how one school makes more energy than it uses. On Google Classroom, answer the question: What is one action you could take to help your school/home/community? (Minimum 5 sentence paragraph)
	<p>Social Studies</p> <ul style="list-style-type: none"> • Today, your assignment is to continue our learning on Khan Academy by watching the “Westward Expansion: Social and Cultural Development” video and answering the question on the Google Form. • Be sure to submit your completed Google Form to me by the end of the day.
	<p>Health & Physical Activity</p> <ul style="list-style-type: none"> • 25 push-ups <u>30</u> sit-ups <u>10</u> burpees <u>10</u> squat Jumps. • Next, we will do some stretches-- 15-20 seconds per stretch. • Feet together with legs straight and hang down the middle. • Spread feet reach down and touch the floor. • Sit down and do sit reach with legs straight & toes to the sky • Spread feet and walk hands out. • Pull feet in & do the butterfly stretch. • Jog 5 laps around your house, or jog in place for 30 seconds x 5. • Fun day! Play with friends, or teach your parents something that you have learned in PE! • Enter your food and physical activity for the day on cronometer.com. • Look at the nutrient targets, are you noticing any patterns?

✓	SPRING BREAK - March 23 - 27

✓	Day 6 - Monday, March 30
	<p>English Language Arts</p> <ul style="list-style-type: none"> Please take some time to review the posted chapters on Google Classroom to refresh your memory. Next, imagine you are Kitty and compose 2-3 diary entries describing in detail the last few weeks of your life. What emotions are you feeling? How can you empathize with Jewel and Raymond? How does the Warm Springs community help its citizens in times like these? Try to answer these questions in your diary entries. You may use a google doc and submit electronically, or pencil and paper to be turned in later.
	<p>Math.</p> <ul style="list-style-type: none"> Work on CPM 5.3.1 problems #5-96 - 98, then Review and Preview problems #5-99 - 5-102. <p><i>If you work in Aleks, continue to do so for at least 30 minutes a day.</i></p>
	<p>Science</p> <ul style="list-style-type: none"> Read the article titled, "The many benefits of forests" and answer the Google Form questions in complete sentences under the classwork tab in Google Classroom. Oregon Forest Research Institute - Forest Benefits Website
	<p>Social Studies</p> <ul style="list-style-type: none"> Today you will read the first of a pair of readings about how life was in the Americas before the arrival of European immigrant settlers. This reading is about a Native American tribe whose homeland was in the vicinity of the original 13 colonies. As you are reading I would like you to consider how this community was affected by it's encounters with European immigrant settlers and think about any patterns you are noticing with these types of inter-community encounters. Here's a link to the article: Penobscot Nation
	<p>Health & Physical Activity</p> <ul style="list-style-type: none"> 25 push-ups <u>30</u> sit-ups <u>10</u> burpees <u>10</u> squat Jumps. Next, we will do some stretches-- 15-20 seconds per stretch.

	<ul style="list-style-type: none"> ● Feet together with legs straight and hang down the middle. ● Spread feet reach down and touch the floor. ● Sit down and do sit reach with legs straight & toes to the sky ● Spread feet and walk hands out. ● Pull feet in & do the butterfly stretch. ● Jog 5 laps around your house, or jog in place for 30 seconds x 5. ● Fun day! Play with friends, or teach your parents something that you have learned in PE! ● Enter your food and physical activity for the day on cronometer.com. ● Look at the nutrient targets, are you noticing any patterns?
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✓	Day 7 - Tuesday, March 31
	<p>English Language Arts</p> <ul style="list-style-type: none"> ● Please complete the NewsELA article on google classroom.
	<p>Math</p> <ul style="list-style-type: none"> ● Complete two DreamBox lessons. ● Work on CPM 5.3.2 problems #5-104 - 5-109. (We started 104, but didn't finish it.) Do the best you can. Email me if you have questions. <p><i>If you work in Aleks, continue to do so for at least 30 minutes a day.</i></p>
	<p>Science</p> <ul style="list-style-type: none"> ● Read the article titled, "Forests, carbon, and climate change" and answer the Google Form questions in complete sentences under the classwork tab in Google Classroom. ● Oregon Forest Research Institute - Carbon Capture Website
	<p>Social Studies</p> <ul style="list-style-type: none"> ● Today you will be reading the second in the paired text series about life in the Americas before the arrival of European immigrant settlers. This reading is about Native Americans that lived near the Central American land bridge that connects North and South America. As you are reading I would like you to be thinking about how the arrival of Europeans changed life for the communities that were already living on the American continents. ● Here is a link to the article: Early People in the Central American Land Bridge
	Health & Physical Activity

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| | <ul style="list-style-type: none">• Do this exercise video
https://www.youtube.com/watch?v=WmGjxU3Ggko• Enter your food and physical activity for the day on cronometer.com.• What have you learned about yourself from tracking your diet and exercise? |
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Additional Activities & Resources: