



1st Grade

Remote Learning Plan

We hope that parents can partner with children to complete these activities. Some will include learning with devices and technology, while others do not; similar to the student experience during a typical school day. We recognize that these activities do not replace classroom instruction.

Although some of these resources are already regularly used in school, we hope that students have opportunities to try something new or show their learning in a new way.

| ✓ | Day 1 - Monday, March 16 |
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| | <p>Literacy:</p> <ul style="list-style-type: none">• Read 20 minutes (Please read aloud to an adult or older sibling). If you do not have “good fit” books at home, please consider using the public library website. You can download your favorite books for free. Just input your library card number and check them out. If 20 minutes feels too long, just break it up into two 10-minute sessions.• Login to Lexia for 20 minutes: Go to www.lexiacore5.com or load the app for your Ipad from the App Store. The app is called “Lexia Core5 Reading App”. Parents: If you see the little apple symbol in the bottom left corner of the screen turn red, that means your child is struggling with the skill. Without telling them the answers, please help to guide them through. The question mark at the bottom of the screen will repeat the directions as well. <p>Writing</p> <ul style="list-style-type: none">• 20 minutes--Your writing can be done on a piece of notebook paper, or your parents can help you open a document and you may type the following:<ul style="list-style-type: none">○ What is the thing you are missing most about school today?○ How are you feeling about missing school? |
| | <p>Math:</p> <ul style="list-style-type: none">• Zearn for 20 minutes, or one lesson. Parents, it may be helpful to be present while your child is doing this. The skills can be challenging. There are options for printing worksheets if you would like to do that. |

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| | <ul style="list-style-type: none"> ○ To login: Click the above link ○ Username: First and Last Name-no space. Most kids have a number following their name. If they do not have the login info, just let me know. ○ Password: Student number that they use for Lexia |
| | <p>Science:</p> <ul style="list-style-type: none"> ● Make the tallest structure you can with paper/plastic cups. What do you notice you need to get the most height? How High Can You Stack? ● OR Choose a Mystery Science lesson at your grade level |
| | <p>Social Studies/Art:</p> <ul style="list-style-type: none"> ● Draw and label a map of your neighborhood. Include color and a key identifying features. This could take a few days. |
| | <p>Health & Physical Activity</p> <ul style="list-style-type: none"> ● 10 push-ups <u>12</u> sit-ups <u>5</u> burpees <u>10</u> squat Jumps. ● Next, we will do some stretches-- 15-20 seconds per stretch. ● Feet together with legs straight and hang down the middle. ● Spread feet reach down and touch the floor. ● Sit down and do sit reach with legs straight & toes to the sky ● Spread feet and walk hands out. ● Pull feet in & do the butterfly stretch. ● Jog 5 laps around your house, or jog in place for 30 seconds x 5 ● What do you notice about your body after you exercise? |

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| ✓ | Day 2 - Tuesday, March 17 |
| | <p>Literacy:</p> <ul style="list-style-type: none"> ● Read 20 minutes (Please read aloud to an adult or older sibling). If you do not have “good fit” books at home, please consider using the public library website. You can download your favorite books for free. Just input your library card number and check them out. If 20 minutes feels too long, just break it up into two 10-minute sessions. ● Login to Lexia for 20 minutes: Go to www.lexiacore5.com or load the app for your Ipad from the App Store. The app is called “Lexia Core5 Reading App”. Parents: If you see the little apple symbol in the bottom left corner of the screen turn red, that means your child is struggling with the skill. Without telling them the answers, please help to guide them through. The question mark at the bottom of the screen will repeat the directions as well. |

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| | <p>Writing</p> <ul style="list-style-type: none"> Pick one of the following story starters and start your own story. Or just write your own! If you started on a computer document yesterday, you can just start a new page on the same document today, to keep all of your writing together. <ol style="list-style-type: none"> “Surprise!” everyone shouted. Ashley jumped about a mile in shock. “Clearly, this day is not off to a good start,” she said. |
| | <p>Math:</p> <ul style="list-style-type: none"> Play a math or strategy game or do a puzzle for 15 - 20 min Login to www.reflexmath.com/go -- This is math fact fluency practice that we have been using at school. It tracks student progress, so when they login, they pick up where they left off. <ul style="list-style-type: none"> Teacher username: apaskewich Password: Same student number as Lexia If you want to do more math, login to Zearn. |
| | <p>Science:</p> <ul style="list-style-type: none"> Watch the video: Swings, Slides and Science! OR Choose a Mystery Science lesson at your grade level |
| | <p>Social Studies/Art:</p> <ul style="list-style-type: none"> Continue: Draw and label a map of your neighborhood. Include color and a key identifying features. This could take a few days. |
| | <p>Health & Physical Activity</p> <ul style="list-style-type: none"> 10 push-ups <u>12</u> sit-ups <u>5</u> burpees <u>10</u> squat Jumps. Next, we will do some stretches-- 15-20 seconds per stretch. Feet together with legs straight and hang down the middle. Spread feet reach down and touch the floor. Sit down and do sit reach with legs straight & toes to the sky Spread feet and walk hands out. Pull feet in & do the butterfly stretch. Jog 5 laps around your house, or jog in place for 30 seconds x 5 Food is how we fuel our body for physical activity! What did you eat today? |

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| ✓ | Day 3 - Wednesday, March 18 |
| | <p>Literacy:</p> <ul style="list-style-type: none"> Read 20 minutes (Please read aloud to an adult or older sibling). If you do not have “good fit” books at home, please consider using the |

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| | <p>public library website. You can download your favorite books for free. Just input your library card number and check them out. If 20 minutes feels too long, just break it up into two 10-minute sessions.</p> <ul style="list-style-type: none"> ● Login to Lexia for 20 minutes: Go to www.lexiacore5.com or load the app for your Ipad from the App Store. The app is called “Lexia Core5 Reading App”. Parents: If you see the little apple symbol in the bottom left corner of the screen turn red, that means your child is struggling with the skill. Without telling them the answers, please help to guide them through. The question mark at the bottom of the screen will repeat the directions as well. <p>Writing</p> <ul style="list-style-type: none"> ● We have had some unpredictable weather lately. What is your favorite kind of weather? What do you love to do outside in your favorite kind of weather? Write for at least 15 minutes. |
| | <p>Math:</p> <ul style="list-style-type: none"> ● Zearn for 20 minutes. See Monday’s instructions. ● Solve this problem: <ul style="list-style-type: none"> ○ Anna has 13 markers in her bag. 8 markers fell out of the bag. How many does Anna have now? Draw an organized 5-group picture and write a subtraction problem (number sentence) to solve. |
| | <p>Science:</p> <ul style="list-style-type: none"> ● Watch this video before your walk: Animal Track Detective ● On your walk take a closer look at the plants and animals you see. What do you notice? What do you wonder? ● OR Choose a Mystery Science lesson at your grade level |
| | <p>Social Studies/Art:</p> <ul style="list-style-type: none"> ● Continue: Draw and label a map of your neighborhood. Include color and a key identifying features. This could take a few days. |
| | <p>Health & Physical Activity</p> <ul style="list-style-type: none"> ● 10 push-ups <u>12</u> sit-ups <u>5</u> burpees <u>10</u> squat Jumps. ● Next, we will do some stretches-- 15-20 seconds per stretch. ● Feet together with legs straight and hang down the middle. ● Spread feet reach down and touch the floor. ● Sit down and do sit reach with legs straight & toes to the sky ● Spread feet and walk hands out. ● Pull feet in & do the butterfly stretch. ● Jog 5 laps around your house, or jog in place for 30 seconds x 5 ● It is important to eat a variety of foods from all 5 food groups! |

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| | <ul style="list-style-type: none"> • What are the 5 food groups? |
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| ✓ | Day 4 - Thursday, March 19 |
| | <p>Literacy:</p> <ul style="list-style-type: none"> • Read 20 minutes (Please read aloud to an adult or older sibling). • Login to Lexia for 20 minutes. <p>Writing: Pick one of the following prompts to start a creative story... or just write your own.</p> <ol style="list-style-type: none"> 1. It was the third week in a row that Jimmy hadn't cleaned his room. He was about to get in a lot of trouble, until... 2. "There's a secret we haven't told any of you," the principal said. "Our school is actually a..." |
| | <p>Math:</p> <ul style="list-style-type: none"> • Zearn for 20 minutes. See Monday's instructions. • Practice counting by 1's, 5's and 10's (also 2's up to 20, or 50 if you can) |
| | <p>Science:</p> <ul style="list-style-type: none"> • Choose a Mystery Science lesson at your grade level |
| | <p>Social Studies/Art:</p> <ul style="list-style-type: none"> • Think about how you can be a good citizen. How can you help people at home? What can you do to take turns in school? How can you show respect for people in the community? Make a poster or draw a picture that shows ways to be a good citizen at home, in school, or in the community. |
| | <p>Health & Physical Activity</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=L_A_HjHZxfI |

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| ✓ | Day 5 - Friday, March 20 |
| | <p>Literacy:</p> <ul style="list-style-type: none"> • Read 20 minutes (Please read aloud to an adult or older sibling). • Login to Lexia for 20 minutes: Go to www.lexiacore5.com or load the app for your Ipad from the App Store. <p>Writing:</p> <ul style="list-style-type: none"> • Write me (Mrs. Paskewich) a letter. What have you been up to? Ask me some questions. If you type it up, ask your parents to paste it into an email to me. Or if you write it on paper, they can take a picture and |

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| | email it to me. If you send me your letter, I will write back! |
| | <p>Math:</p> <ul style="list-style-type: none"> ● Zearn for 20 minutes. See Monday's instructions. ● Grab a deck of cards and teach a family member how to play Addition War. It is like regular War, but you put down two cards instead of one. The person with the highest total takes all four cards. For simplicity, count Aces as one and all face cards can be worth 10. If you need a challenge, count Jacks as 11, Queens as 12, and Kings as 13. |
| | <p>Science:</p> <ul style="list-style-type: none"> ● Secret bells activity <ul style="list-style-type: none"> ○ Need: string, metal hanger or metal spoon ● OR Choose a Mystery Science lesson at your grade level |
| | <p>Social Studies/Art:</p> <ul style="list-style-type: none"> ● Build a town from old boxes or pots and pans. Be sure to include houses, a park and other buildings in a town. |
| | <p>Health & Physical Activity</p> <ul style="list-style-type: none"> ● 10 push-ups <u>12</u> sit-ups <u>5</u> burpees <u>10</u> squat Jumps. ● Next, we will do some stretches-- 15-20 seconds per stretch. ● Feet together with legs straight and hang down the middle. ● Spread feet reach down and touch the floor. ● Sit down and do sit reach with legs straight & toes to the sky ● Spread feet and walk hands out. ● Pull feet in & do the butterfly stretch. ● Jog 5 laps around your house, or jog in place for 30 seconds x 5. ● Fun day! Play with friends, or teach your parents something that you have learned in PE! |

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| ✓ | SPRING BREAK - March 23 - 27 |
| | Feel free to continue with learning activities....but this is your Spring Break. Enjoy! |

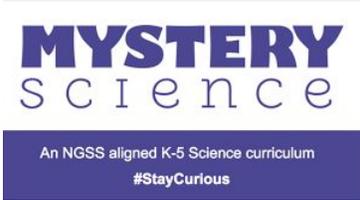
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| ✓ | Day 6 - Monday, March 30 |
| | <p>Literacy:</p> <ul style="list-style-type: none"> ● Just to shake it up a little bit, spend 20 minutes exploring this fun Scholastic |

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| | <p>activity website: https://classroommagazines.scholastic.com/support/learnathome/grades-1-2.html</p> <ul style="list-style-type: none"> • Read a “good fit” book for 20 minutes. <p>Writing:</p> <ul style="list-style-type: none"> • Write for at least 20 minutes about what you are most excited about when you come back to school. What can you not wait to do? |
| | <p>Math:</p> <ul style="list-style-type: none"> • Zearn for 20 minutes. • Count a collection of objects in your house (coins would be great). Can you sort them according to different categories (color, type, etc.)? Can you group them by 2’s and practice counting the collection by 2’s. Try grouping by 5’s or 10’s. |
| | <p>Science:</p> <ul style="list-style-type: none"> • The Sticky Balloon Trick • OR Choose a Mystery Science lesson at your grade level |
| | <p>Social Studies/Art:</p> <ul style="list-style-type: none"> • Create a map of your school. Include your classroom, the office, the cafeteria, the gym and the library. Add color. This may take a few days. |
| | <p>Health & Physical Activity</p> <ul style="list-style-type: none"> • 10 push-ups <u>12</u> sit-ups <u>5</u> burpees <u>10</u> squat Jumps. • Next, we will do some stretches-- 15-20 seconds per stretch. • Feet together with legs straight and hang down the middle. • Spread feet reach down and touch the floor. • Sit down and do sit reach with legs straight & toes to the sky • Spread feet and walk hands out. • Pull feet in & do the butterfly stretch. • Jog 5 laps around your house, or jog in place for 30 seconds x 5. • You should drink at least 5 glasses of water a day to be healthy! • Do you drink enough water? |

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| ✓ | Day 7 - Tuesday, March 31 |
| | <p>Literacy:</p> <ul style="list-style-type: none"> • Read 20 minutes in a good fit book. • Login to Lexia for 20 minutes. <p>Writing:</p> <ul style="list-style-type: none"> • Write a silly story that uses as many -ing words as you can. It can be |

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| | silly, but it still needs to make sense. Be creative....maybe the running king will get a sting from a bee in the spring. What happens next? |
| | <p>Math:</p> <ul style="list-style-type: none"> • Login to www.reflexmath.com/go. Try to work until you get a “green light” up in the top right corner. |
| | <p>Science:</p> <ul style="list-style-type: none"> • Shadows Exploration <ul style="list-style-type: none"> ○ Go outside to the exact same spot in the morning, noon and afternoon. ○ Measure the length of your shadow. What do you notice? ○ Can you run away from your shadow? ○ How are you and your shadow the same? ○ How are you and your shadow different? • OR Choose a Mystery Science lesson at your grade level |
| | <p>Social Studies/Art:</p> <ul style="list-style-type: none"> • List the different things you can see at a park. What are some things you can do at a park? |
| | <p>Health & Physical Activity</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=rvEVmnl5fn4 |

These activities were included above, but they can be done anytime:

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| <p>https://www.lexiacore5.com/register</p> |  |  |
| <p>Virtual Field Trips: https://docs.google.com/document/d/1SvldgTx9djKO6SjyvPDsoGlkgE3iExmi3qh2KRRku_w/preview?fbclid=IwAR2c--5wd3AHFlet7MtCVUHx1avp9dYSa_jZy0mwu9MbCAGFgdSC8yb5RJ8&pru=AAABcQiOK9g*iTAiiZViN8fC7o9WL51UuA</p> | | |

Math Resources

[Math/Strategy Games](#) - Suggested simple low-tech games

[Games with Playing Cards](#)

[Math Games](#)

[Math/Strategy Games and Activities](#)