

Hawks Specials Newsletter, March 2019

Place Based Education | Music & Art | Personal Health



Personal Health Update:

Hey Hawk Families! During the month of March K-5 classes are focusing on growing students' personal health in the the following ways:

Kindergarten: Kinders have been learning the distinguish the difference between comfortable (ex: happy) and uncomfortable (ex sad, angry) feelings. When students recognize what they are feeling and how it makes them feel, they are then able to use strategies to work towards a more comfortable space again. We have talked about the power of choosing a positive, or "happy," attitude and looking for the good in things.

1st-5th Grades: After *months* of learning about our brains and bodies, and how we can build skills to control and enhance our senses to a greater awareness of the world around us, we are now moving these skills to the next level. 1-5th Graders are spending the month of March talking about choosing Optimism and thinking about Perspectives. Just like any other skill, the more we practice these skills the better we get! These skills enhance our abilities to support ourselves, friends and families on a daily basis. Optimistic people have greater self-value, confidence and are overall happier, healthier individuals. Optimistic people know that they can choose their path, which leads to deeper self-satisfaction in academics, friendships and personal purpose.

Core Virtues: The PBCCS Core Virtues for March are Patience and Tolerance. Teachers will be focusing on these virtues throughout the month, and each class will have a virtue-focused lesson taught by me as well.

Thanks for supporting your students in learning these life skills that serve a lifetime!

Mrs. Foley | Student & Family Services Coordinator | mfoley@powellbuttecharterschool.org

Art and Music Learning Update

Happy March! We are continuing Art here at PBCCS. We have begun a new Nature unit and each grade band has just started a new and exciting project!



- **Kindergarten and 1st** Grades are constructing adorable birds nests! We also watched an educational video called "9 Days in the Nest" that followed a bird family from egg to leaving the nest.

- **2nd and 3rd** Grades are creating an artwork that shows animals of the forest above ground and below ground. We are using the book "Above and Below" by Hanako Clulow as inspiration!

- **4th and 5th** Grades have started an artwork based off the book "Bear Hug" by Katharine McEwen. Students will focus on lines and texture along with collage for this



project.

Thank you so much for your continued support of the music and art program at PBCCS!

Mrs. Rhoderick, Art/Music teacher, lrhoderick@powellbuttecharterschool.org

Place Based Education Update

We're closing up winter place based education with a number of fun events: First, last week's Disaster Preparedness STEAM night was a big success with over 140 people attending! Second, Jefferson Greene, an educator from the Confederated Tribes of Warm Springs, is with the middle school all week; teaching the ichishkin language, history and culture of his tribe. Third, a massive thanks to our PTO for funding the Oregon Observatory's inflatable planetarium, which will be in the gym this Friday for grades K-2 and middle school. Last but not least, grades 3-5 will have some fun of their own as they attend Ag Day at the Redmond Expo Center this Friday.

Spring field studies start up in earnest on April 3. The list below is the most current, please note new trips for all grade levels. This isn't the final list, we'll add at least one more field study for each grade. Please be on the lookout for permission slips/ medical release forms; sign and send them back promptly to ensure that your student will be included in the field study. Spring can be winter like in central Oregon, please make sure your child is prepared for any weather by sending them with the following items for all field studies.

- | | |
|--|---|
| <input type="checkbox"/> Extra layers | <input type="checkbox"/> Hat |
| <input type="checkbox"/> Rain shell | <input type="checkbox"/> Backpack |
| <input type="checkbox"/> Long pants | <input type="checkbox"/> Water bottle and a sack lunch with extra snacks (since they tend to eat more when they are outside all day). |
| <input type="checkbox"/> Closed toe shoes (rain or muck boots are great) | |

Updated field study dates:

- March 22: Grades 3 to 5 Ag day at the Expo Center
- April 1: 8th grade CCHS visit
- April 3: MS at Willow Creek
- April 9: MS at McKay Creek
- April 25-26: Grade 4 overnight at Tumalo State Park
- April 30: Grades 3-5 at Bluestone Naturals Farm
- April 30: MS final Willow Creek
- May 3: K-2 Bend Seed Extractory
- May 7: MS at Symons Ranch
- May 8-10: Grade 5 Oregon Coast Trip
- May 9: MS final McKay Creek
- May 13-17: Grade 6 outdoor school
- May 14: Grade 1- 3 USFS Wildfest
- May 31: All families welcome: Culmination day & community celebration of learning on campus
- June 4-7: Grade 8 Portland and Mt. St. Helens trip
- June 7: K-7 Play Day at the 1017 Project/ Shiloh Ranch